

UPDATED! Quick Reference: Medicines That Help You Quit Smoking

(Costs are estimates based on prices from multiple vendors, December 2012)

Type of Medicine	Brand Names	Do I Need a Doctor's Prescription?	Cost (May Vary By Island)	Where Can I Get It?	Other benefits
Pill	Zyban Also called: Wellbutrin and Bupropion SR	Yes	\$29 to \$212 for one month's supply of 60 pills.	Drugstores, pharmacies, warehouse outlet (Costco, Sam's Club)	Lessens cravings and weight gain.
	Chantix Also called: Varenicline	Yes	Starter \$90-\$193 per month, 53 count. Maintenance \$114 - \$198 per month, 56 count.	Drugstores, pharmacies, warehouse outlet (Costco, Sam's Club)	Eases symptoms of quitting.
Gum	Nicorette, Nicorette DS, Nicorette various flavors	No	\$11 for 20 pieces \$41 to \$58 for 100 pieces \$57 to \$72 for 170 pieces	Drugstores, pharmacies, warehouse outlet (Costco, Sam's Club), and the Tobacco Quit Line	Easy to use.
	Generic (CVS, Equate, etc.)	No	\$29 - \$44 for 100 pieces \$34 - \$58 for 170 pieces.		
Patch	Nicoderm CQ	No	Steps 1-3: \$38 - \$55 for 14 patches	Drugstores, pharmacies, warehouse outlet (Costco, Sam's Club), and the Tobacco Quit Line	Easy to use.
	Generic (CVS, Equate, etc.)	No	Steps 1-3: \$29 - \$42 for 14 patches		
Inhaler	Nicotrol IN	Yes	\$179 - \$215 for 10 mg	Drugstores, pharmacies, your doctor	Works quicker than the gum.
Nasal Spray	Nicotrol NS	Yes	\$51 - \$280 for 10 ml	Drugstores, pharmacies, your doctor	Eases symptoms of quitting.
Lozenge	Nicorette	No	\$34 - \$46 for 72 pieces	Drugstores, pharmacies	Easy to use.
	Generic (CVS, Equate, etc.)	No	\$30 - \$56 for 72 pieces.		