

Tobacco Treatment Resources* for Maui

Hawai'i Tobacco Quitline

Monday to Friday 3:00 am to 9:00 pm
Saturday & Sunday 3:00 am to 6:00 pm

- Nicotine patch and gum free for uninsured

1-800-QUIT-NOW

(1-800-784-8669)

American Cancer Society

244-5553

95 Mahalani Street

Wailuku, Hawai'i 96793

- 4 (1-hour) sessions (2x/week)

- Free of charge

Community Clinic of Maui

872-4075/871-7772

48 Lono Avenue

Kahului, Hawai'i

- Open to the public

- Comprehensive Cessation Program:

- Group, individual or combination behavioral counseling

- Pharmacotherapy may be included if qualify

- Follow-up included

Hui No Ke Ola Pono - Native Hawaiian Health Care System

Holomua Tobacco Cessation Program

• Wailuku Office

244-4647

95 Mahalani Street, Room 21
Wailuku, Hawai'i 96793

(Contact: Nalani Perreira and
Debra Jeremiah)

• Hana Office

248-7502

Old Hana School
1501 Uakea Road, Room 14
Hana, Hawai'i 96713

(Contact: Terry Poaipuni)

Kaiser Permanente

• Kihei

891-6850

• Lahaina

662-6950

• Wailuku

243-6400

Kihei-Wailea Medical Center

874-8100

Piilani Village Shopping Center

221 Piikea Avenue, Suite A

Saturdays 1-3pm for 3 weeks (=6/hrs)

Fee: \$25 if no HMSA

Statewide

521-2999

Alliance of Hawai'i Hypnotherapists

Educational and referral to local hypnotherapists

Hawai'i Acupuncture Association

538-6692

American Lung Association

537-5966 ext. 305

Not-On-Tobacco (NOT) Teen cessation program for
schools and communities

***Smoking is NOT a Hawaiian tradition.
Kanaka maoli did not consume harmful chemicals,
such as tobacco and alcohol.***

- R. Kekuni Blaisdell, MD

Quick Reference: Medicines that help you quit smoking

Type of Medicine	Brand Names	Do I need a doctor's prescription?	Cost (may vary by island)	Where can I get it?	Other benefits
Pill	Zyban also called: Wellbutrin, and bupropion SR	Yes	\$55 to \$86 for one month's supply of 60 pills	Your doctor	Lessens cravings and weight gain.
	Chantix also called: varenicline	Yes	\$100 to \$170 per month, treatment usually lasts 3 months	Your doctor	Eases symptoms of quitting.
Gum	Nicorette, Nicorette DS, Nicorette Mint	No	\$29 for 48 pieces \$50 for 108 pieces \$68 for 190 pieces	Drugstores, Pharmacies, Tobacco Quit Line	Easy to use.
Patch	Habitrol, Nicoderm CQ, Nicotrol, ProStep	No	\$17 to \$35 for one week's supply	Drugstores, Pharmacies, Tobacco Quit Line	Easy to use.
Inhaler	Nictrol IN	Yes	\$50 for inhaler mouth piece and 48 cartridges	Your doctor	Works quicker than the gum.
Spray	Nicotrol NS	Yes	\$36 for one week's supply	Your doctor	Eases symptoms of quitting.
Lozenge	Commit	No	\$40 for 72 pieces	Drugstores, Pharmacies	Easy to use.

These medicines can double the chance of quitting when used with counseling and support with lifestyle changes.



Hui No Ke Ola Pono • Phone: (808) 244-4647