

To learn more
about this call:

Native Hawaiian Health Care System

Moloka'i	Nā Pu'uwai (808) 560-3653
O'ahu	Ke Ola Mamo (808) 845-3388
Hawai'i	Hui Mālama Ola Nā 'Ōiwi (808) 969-9220
Kaua'i, Ni'ihau	Ho'ōla Lāhui (808) 240-0100
Maui	Hui No Ke Ola Pono (808) 244-4647
Lāna'i	Ke Ola Hou O Lāna'i (808) 565-7204

Cancer Information Service 1-800-4-CANCER
(1-800-422-6237)
www.cancer.gov

American Cancer Society 1-800-227-2345
www.cancer.org



Halehuki circa 1940

'Imi Hale
Native Hawaiian Cancer Network
A Program of Papa Ola Lōkahi

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Prostate Cancer



Regular Screening Can Save Your Life

Endorsed by 'Ahahui o nā Kauka
Native Hawaiian Physicians Association

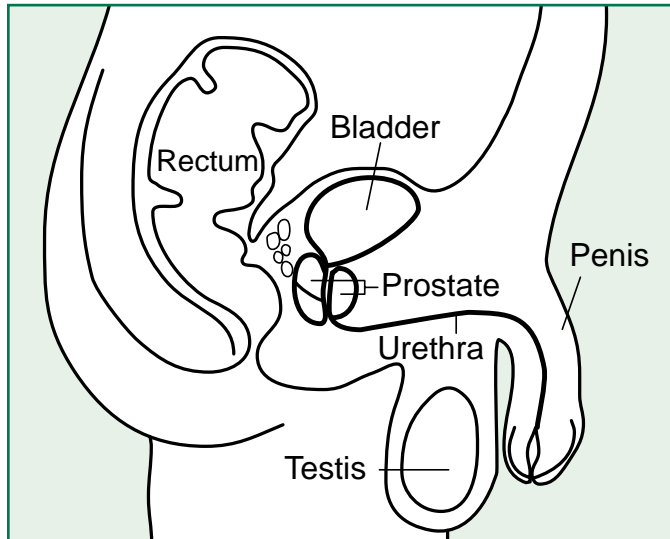
NATIVE HAWAIIAN CANCER AWARENESS SERIES

Talk with your doctor about getting screened for prostate cancer.

Prostate Cancer

- **Prostate cancer** accounts for over 25% of cancers found in males.
- Men 50 years and older should be screened for prostate cancer.
- Men who have a family history (father or brothers) of prostate cancer should get screened from age 45.

This picture shows the prostate and nearby organs.



The prostate is the male sex gland that makes fluid which nourishes sperm.

**Early prostate cancer may or may not have symptoms, so screening is important!
Talk to your doctor.**

These may be symptoms of prostate cancer:

- Have to go “pee” or shi-shi a lot, especially at night
- Pain, weak flow, or blood when making shi-shi (urinating)
- Problems with an erection
- Painful ejaculation or blood in the semen
- Pain in lower back, hips, or upper thighs



Pūlama i nā kāne Hawai‘i.
Cherish our Hawaiian men.

Finding cancer early means a better chance for cure!