Prostate Cancer

Regular Screening Can Save Your Life

Endorsed by ‘Ahahui o nā Kauka
Native Hawaiian Physicians Association

To learn more about this call:

Native Hawaiian Health Care System

Moloka‘i  Nā Pu‘uwai
(808) 560-3653

O‘ahu  Ke Ola Mamo
(808) 845-3388

Hawai‘i  Hui Mālama Ola Nā ‘Ōiwi
(808) 969-9220

Kaua‘i, Ni‘ihau  Ho‘ōla Lāhui
(808) 240-0100

Maui  Hui No Ke Ola Pono
(808) 244-4647

Lāna‘i  Ke Ola Hou O Lāna‘i
(808) 565-7204

Cancer Information

1-800-4-CANCER
(1-800-422-6237)
www.cancer.gov

American Cancer Society

1-800-227-2345
www.cancer.org
Talk with your doctor about getting screened for prostate cancer.

Prostate Cancer

- **Prostate cancer** accounts for over 25% of cancers found in males.
- Men 50 years and older should be screened for prostate cancer.
- Men who have a family history (father or brothers) of prostate cancer should get screened from age 45.

These may be symptoms of prostate cancer:

- Have to go “pee” or shi-shi a lot, especially at night
- Pain, weak flow, or blood when making shi-shi (urinating)
- Problems with an erection
- Painful ejaculation or blood in the semen
- Pain in lower back, hips, or upper thighs

Finding cancer early means a better chance for cure!

Pūlama i nā kāne Hawaiʻi.
Cherish our Hawaiian men.